



about baby tracker®

easily track daily naps, feedings, schedules, activities and to-do's in one handy spot

Baby Tracker® is the first parenting tool to make it easy to record and monitor your baby's activities, schedules and needs - all in one useful place. It's the perfect way to get a visual snapshot of your baby's day, offering easy access to important information as you review the day, prep for doctor visits or make a handoff to and from the other baby caregivers.

"well I took 2 naps, drank a whole bottle, and even nibbled some fresh fruit"

baby tracker daily page

CHILD: Dana DAY/DATE: 9/23

sleep food change play comments

7:00				
7:30		6 oz.		milk
8:00			⊕	
8:30				floor playmat
9:00				crackers
9:30			✓	catnap
10:00	↑			
10:30	↓			
11:00				
11:30				
12:00		✓ 4 oz.		bananas, cereal, juice
12:30			⊖	
1:00				walk stroller to town
1:30		8 oz.		milk
2:00	↑			
2:30	↓			
3:00				
3:30			⊖	
4:00				
4:30				
5:00				singing
5:30				
6:00		6 oz.		PICK UP milk

TOTALS 3 1/2 24 oz.

DAILY NEWS & MILESTONES: Loved going outside - waved at everyone.

DAILY CHECKLIST: Vitamins Bath Medication used desitin Other

BABY NEEDS: 1. diapers 2. a bath!

Easily capture nap times and sleep patterns

Record diaper changes and whether messy or not. Need we say more...

Roll up total hours for sleep, feedings and diaper changes

Check off important daily activities like vitamins, bath & medication

Record feedings, meals and snacks

Capture any details of what baby did today

Get down play activities

New word, baby "firsts" and progress notes go here. Make drop offs easier with notes for childcare hand offs.

Build an instant reminder list for baby shopping

Organizers & journals also include parent resource pages to put important information at your fingertips.

contact list

PERSONAL INFO: NAME, PHONE, ADDRESS, CITY, STATE, ZIP, COUNTRY

EMERGENCY 911: HOME PHONE, CELL PHONE, FAX, EMAIL

CONTACT LIST

medical emergency

CONSENT FOR EMERGENCY MEDICAL CARE

STATE OF MEDICAL HISTORY: ALLERGIES, PREVIOUS SURGERY, CURRENT MEDICATIONS

INSURANCE DETAILS: POLICY NUMBER, COVERAGE

PHYSICIAN INFORMATION: NAME, ADDRESS, PHONE, FAX, EMAIL

health facts

ALLERGIES: FOOD, DRUGS, ENVIRONMENTAL

IMMUNIZATION RECORD: DATE, TYPE, STATUS

RECENT HISTORY: ILLNESSES, OPERATIONS, INJURIES

SPECIAL MEDICAL CONDITIONS

immunization record

DATE & TYPE OF TRACKING DONE

IMMUNIZATION RECORD: DATE, TYPE, STATUS

monthly plan-it & pocket

MONTHLY PLAN-IT & POCKET: CALENDAR, CHECKLIST

binder only